



the  
village  
square

enrich your life with  
community classes  
and social activities

Term 1, 2024  
**February – April**

Term 2, 2024  
**April – July**

Jubilee Building,  
545 Parnell Rd, Parnell  
Monday-Friday, 8am-5pm  
[community@villagesquare.org.nz](mailto:community@villagesquare.org.nz)  
09 555 5164



Parnell Community Centre

**classes**



| Class Name                                  | Day and Time   | No. Weeks | Cost       | Term 1 Start | Term 2 Start | Class Description  |
|---|----------------|-----------|------------|--------------|--------------|--|
| <b>Culture and Languages</b>                |                |           |            |              |              |  |
| Chinese Mandarin – Beginners                | Tues 6-7.30pm  | 8         | \$150      | 13 Feb       | 30 Apr       | Start your Chinese language journey and learn essential vocabulary with our Chinese Mandarin Beginners class.  |
| Chinese Mandarin – Post Beginners           | Tues 7.30-9pm  | 8         | \$150      | 13 Feb       | 30 Apr       | Try a more advanced level of Chinese Mandarin. Suitable for those who have completed the Beginners class.  |
| French – Beginners                          | Mon 6-7.30pm   | 8         | \$150      | 12 Feb       | 29 Apr       | Covers French culture, speaking, reading and writing, enabling you to communicate confidently in a range of simple situations.   |
| French – Post Beginners                     | Mon 7.30-9pm   | 8         | \$150      | 12 Feb       | 29 Apr       | Continue to develop your confidence and ability to speak, read and write in French.  |
| Italian – Beginners                         | Mon 6-7.30pm   | 8         | \$150      | 12 Feb       | 29 Apr       | Buongiorno! Learn basic vocabulary, greetings, introductions and commonly-used expressions. Develop the confidence to give Italian a try.                                |
| Italian – Post Beginners                    | Mon 7.30-9pm   | 8         | \$150      | 12 Feb       | 29 Apr       | For those who have basic-level knowledge of Italian and wish to improve their grammar, vocabulary, speaking and listening.   |
| Japanese Language & Culture <b>NEW</b>      | Thurs 6-7.30pm | 8         | \$150      | 15 Feb       | 2 May        | Explore Japan! Learn about Japanese culture and language, and build the confidence interact with Japanese people comfortably.  |
| Korean for Travellers <b>NEW</b>            | Mon 6-7.30pm   | 8         | \$150      | 12 Feb       | 29 Apr       | Discover the essentials of Korean for travel and daily life in our beginner-friendly class. Join us for a fun and practical exploration of basic vocabulary and phrases. |
| New Zealand Sign Language IA                | Tues 6-7.30pm  | 8         | \$150      | 13 Feb       | 30 Apr       | Learn New Zealand Sign Language (NZSL) in this Level IA beginners class. Suitable for those with no prior NZSL knowledge.  |
| New Zealand Sign Language IB <b>NEW</b>     | Tues 7.30-9pm  | 8         | \$150      | 13 Feb       | 30 Apr       | For those who have completed NZSL Level IA and wish to continue to develop their skills and knowledge.   |
| Portuguese for Travellers <b>NEW</b>        | Wed 6-7.30pm   | 8         | \$150      | 14 Feb       | 1 May        | Learn basic vocabulary and grammar, including useful phrases for travel.   |
| Spanish – Beginners, Group 1                | Wed 7.30-9pm   | 8         | \$150      | 14 Feb       | 1 May        | Learn basic grammar, practise speaking, discover new phrases and make amigos. Hasta la vista!  |
| Spanish – Beginners, Group 2                | Tue 7.30-9pm   | 8         | \$150      | 13 Feb       | 30 Apr       | Strengthen your grammar and extend your vocabulary. Learn to communicate in everyday situations.   |
| Spanish – Post Beginners                    | Wed 6-7.30pm   | 8         | \$150      | 13 Feb       | 30 Apr       | For those who have basic-level knowledge of Spanish or have attended the Beginners class.  |
| Spanish – Intermediate                      | Tue 6-7.30pm   | 8         | \$150      | 14 Feb       | 1 May        | For those who have intermediate-level knowledge of Spanish or have attended the Post Beginners class.  |
| Te Reo Māori – Introduction 1 <b>Selwyn</b> | Mon 1-3pm      | 8         | \$60-\$155 | 12 Feb       | 6 May        | This course is designed for beginners and relative beginners to Te Reo Māori or Māori culture.   |
| Te Reo Māori – Introduction 2 <b>Selwyn</b> | Mon 3-5pm      | 8         | \$60-\$155 | 12 Feb       | 6 May        | For those who have attended our Te Reo Introduction 1 course. Continue learning Te Reo and Te Ao Māori.  |

### ESOL Conversation & General English

|   |                |   |       |        |       |   |
|---|----------------|---|-------|--------|-------|---|
| Living in NZ – Fluency and Pronunciation <b>NEW</b> | Wed 6-7.30pm   | 8 | \$150 | 14 Feb | 1 May | Focusing on the essentials of English pronunciation, daily conversation in New Zealand and working on areas you find challenging. |
| Workplace English                                   | Thurs 6-7.30pm | 8 | \$150 | 15 Feb | 2 May | Improve your fluency and confidence in speaking and understanding Kiwi English at work.   |

villagesquare.org.nz for more details and to enrol online. Pre-enrolment is required for all classes.

| Class Name   | Day and Time      | No. Weeks | Cost     | Term 1 Start | Term 2 Start | Class Description   |
|--|-------------------|-----------|----------|--------------|--------------|---|
| <b>Healthy Body and Mind</b>                             |                   |           |          |              |              |   |
| Hatha Yoga – Beginners                                   | Wed 9.30-11am     | 10        | \$185    | 7 Feb        | 1 May        | Learn simple techniques for relaxing and de-stressing, and increase your muscle tone and flexibility. Own mat required.   |
| Hatha Yoga – Continuing                                  | Fri 9.30-11am     | 9         | \$166.50 | 9 Feb        | 3 May        |   |
| Early Bird Pilates – 7am                                 | Thurs 7-8am       | 10        | \$185    | 8 Feb        | 2 May        | Rise and shine with our Early Bird classes! Designed for busy bees who want to achieve healthy and balanced lifestyle goals before the start of the work day. Own mat required. |
| Early Bird Pilates – 8am                                 | Mon 8-9am         | 9         | \$166.50 | 5 Feb        | 29 Apr       |   |
| Early Bird Pilates – 8am                                 | Thurs 8-9am       | 10        | \$185    | 8 Feb        | 2 May        |   |
| Pilates Day Class – Beginners                            | Mon 9-10am        | 9         | \$166.50 | 5 Feb        | 29 Apr       | Experience a positive, exercise-based way to balance mind and body. Improve your flexibility, posture, muscle strength and balance. Own mat required.                           |
| Pilates Day Class – Beginners                            | Thurs 9-10am      | 10        | \$185    | 8 Feb        | 2 May        |   |
| Pilates Day Class – Continuing                           | Mon 10-11am       | 9         | \$166.50 | 5 Feb        | 29 Apr       | For those who have previously attended the Beginners class. Continue your practice and develop your strength and balance. Own mat required.                                     |
| Pilates Day Class – Continuing                           | Thurs 10-11am     | 10        | \$185    | 8 Feb        | 2 May        |   |
| Taiji (Tai Chi) including Qigong – Beginners             | Sat 9.15-10.15am  | 6         | \$111    | 2 March      | 11 May       | Learn a series of slow, continuous movements that promote physical and mental wellbeing, and improve coordination and balance.  |
| Taiji (Tai Chi) including Qigong – Beginners Progressive | Sat 10.15-11.15am | 6         | \$111    | 2 March      | 11 May       | For those who have previously attended the Beginners class. Continue developing your coordination and balance in this dynamic class.  |
| Wednesday Tai Chi <b>NEW</b>                             | Wed 11.10-12.10pm | 6         | \$111    | 28 Feb       | 1 May        | Improves agility, balance & coordination, upper-body & lower-body strength. Reduces stress & has a calming effect.  |

### Creative Arts & Crafts

|  |                  |   |        |        |        |  |
|--|------------------|---|--------|--------|--------|--|
| Abstract Painting on a Small Canvas <b>NEW</b>     | Thurs 3-4.30pm   | 8 | \$140  | 15 Feb | 2 May  | In this class, students will be introduced to Abstract Painting and will explore colour, tone, form and composition. Students to bring their own materials from the list provided.             |
| Anyone Can Learn to Draw – Group 1                 | Wed 1-2pm        | 8 | \$120  | 14 Feb | 1 May  | Unlock your inner artist, starting with simple exercises in drawing objects using line, tone, shading and perspective. Students to bring their own materials from the list provided.           |
| Anyone Can Learn to Draw – Group 2                 | Wed 2.15-3.15pm  | 8 | \$120  | 14 Feb | 1 May  |  |
| Anyone Can Learn to Paint a Small Canvas           | Wed 3.30-5pm     | 8 | \$140  | 14 Feb | 1 May  | A painting class with brushes of colour and splashes of fun! A wide range of subject matter will be explored. Students to bring their own materials from the list provided.                    |
| Artistry of Flowers: Taste of Ikebana (Sogetsu)    | Mon 12.30-2.30pm | 5 | \$150  | 12 Feb | /      | Learn the basics and latest trend of the art of Ikebana (Japanese Flower Arrangements) in Sogetsu style, and enjoy the elegant and creative world.   |
| Artistry of Flowers: Floral Creative Floral Design | Mon 12.30-2.30pm | 5 | \$150  | /      | 13 May | Learn Eco Friendly Floral Arts, such as arranging flowers without floral forms. Learn the basic skills for floral arts and how to take an innovative approach to flower arranging.             |
| Contemporary Embroidered Art                       | Thurs 7.30-9pm   | 6 | \$165* | 15 Feb | 9 May  | Learn the main stitches and techniques of contemporary embroidery and create a finished piece of embroidery in a hoop.   |
| Interior Design <b>NEW</b>                         | Thurs 6-7.30pm   | 8 | \$160  | 14 Feb | 1 May  | Learn fundamental design principles and how to apply design theory to your interior design projects. Space planning, lighting, colour psychology and more!                                     |
| Watercolour for Everyone <b>NEW</b>                | Thurs 6-7.30pm   | 8 | \$160  | 15 Feb | 2 May  | Come and learn the basics of watercolour painting and the main techniques of this lovely water-based medium. Learn basic concepts of tone and colour theory. No previous experience is needed. |
| Woodcut Print                                      | Tue 6-9pm        | 6 | \$240  | 14 Feb | 8 May  | Learn a variety of techniques for woodcut printmaking and experiment with different carving materials. Suitable for all levels.  |

### Financial Skills

|   |                 |   |      |        |        |   |
|---|-----------------|---|------|--------|--------|---|
| Money Makes Cents (Level 1) <b>NEW</b>    | Mon 6.30-7.30pm | 1 | \$30 | 19 Feb | /      | Perfect for school leavers and those who are new to money management. The course will cover budgeting and money hacks, your money system, life and saving goals, KiwiSaver, debt pitfalls and world ready tips. |
| Money Skills (Level 2) <b>NEW</b>         | Wed 6.30-7.30pm | 1 | \$30 | 21 Feb | /      | This financial capability programme is designed for people who are managing money day to day but are looking for ways to embed simple and strong daily habits for a firm financial future.                      |
| Mastering Your Money (Level 3) <b>NEW</b> | Wed 6.30-7.30pm | 1 | \$30 | /      | 15 May | Our Mastering Your Money Programme is targeted at those who know how to manage their money day to day but are looking at taking next steps to grow their financial future.                                      |

### Music, Rhythm and Dance

|                  |                     |   |       |       |        |  |
|------------------|---------------------|---|-------|-------|--------|--|
| The Art of Dance | Mon 11.10am-12.10pm | 9 | \$126 | 5 Feb | 29 Apr | A weekly fix of energising dance and yoga that balances the mind, body and soul. All levels are welcome. |
|------------------|---------------------|---|-------|-------|--------|--|

**Social Activities – \$10 Annual Membership fee covers all Social Activities. Small, additional cost per session. Activities run throughout the year.**

|                                 |                    |  |      |  |  |  |
|---------------------------------|--------------------|--|------|--|--|--|
| Parnell Community Centre Bridge | Fri 1-4pm          |  | \$8  |  |  | Enjoy a social game of Bridge and afternoon tea.   |
| Mah Jong                        | Mon 12.30-2.30pm   |  | \$6  |  |  | Whether you are learning to play or wanting to refresh your skills, all are welcome to join this fascinating Oriental board game over afternoon tea. |
| Thursday Mah Jong <b>NEW</b>    | Thurs 12.30-2.30pm |  | \$6  |  |  |  |
| Scrabble                        | Tues 1.30-3.30pm   |  | \$5  |  |  | Enjoy good fellowship and afternoon tea while building your Scrabble vocabulary.   |
| Knit and Natter <b>NEW</b>      | Thurs 1-3pm        |  | \$5  |  |  | Bring your knitting projects. Enjoying knitting, chatting and afternoon tea with friends.  |
| Step Out Walking Group          | Thurs 10-11am      |  | FREE |  |  | Enjoy socialising and feeling motivated as you step out with this friendly and enthusiastic group of walkers.  |

\* Extra cost for course materials See [villagesquare.org.nz/enrol](http://villagesquare.org.nz/enrol) for more details and to enrol online

| Epsom Community Centre  | Class Name                           | Day and Time      | No. Weeks                   | Cost                                  | Term 1 Start | Term 2 Start |
|---|--------------------------------------|-------------------|-----------------------------|---------------------------------------|--------------|--------------|
| We also run Community Classes and Activities at Epsom Community Centre  | 9am Pilates Beginners class          | Tue 9-10am        | <b>T1</b> 9<br><b>T2</b> 10 | <b>T1</b> \$157.50<br><b>T2</b> \$175 | 13 Feb       | 30 Apr       |
|   | 10am Pilates Continuing class        | Tue 10-11am       | 10                          | \$175                                 | 13 Feb       | 30 Apr       |
| For more information, visit our website at <a href="http://villagesquare.org.nz/epsom">villagesquare.org.nz/epsom</a>   | Adult Jazz                           | Mon 1.10-2.10pm   | 9                           | \$126                                 | 5 Feb        | 29 Apr       |
|   | Drawing for Beginners – Group 1      | Wed 9-10.30am     | 8                           | \$145                                 | 14 Feb       | 1 May        |
| Epsom Community Centre<br>202 Gillies Ave, Epsom<br>09 638 7444<br><a href="mailto:lucy@epsom-community-centre.org.nz">lucy@epsom-community-centre.org.nz</a> | Drawing for Beginners – Group 2      | Wed 12.30-2pm     | 8                           | \$145                                 | 14 Feb       | 1 May        |
|   | Watercolour for Beginners            | Wed 10.30-12.30pm | 8                           | \$185                                 | 14 Feb       | 1 May        |
|   | Introduction to Watercolour Workshop | Mon 9am-12.30pm   | 1                           | \$45                                  | 25 Mar       | 24 Jun       |
|   | Watercolour Techniques Workshop      | Mon 9am-12.30pm   | 1                           | \$45                                  | 11 Mar       | 10 Jun       |

Visit [villagesquare.org.nz/enrol](http://villagesquare.org.nz/enrol) for full programme details

The Village Square Trust thanks Auckland Council, Selwyn College and Barfoot and Thompson Parnell for their support



# Enrich your life with classes and social activities at Parnell Community Centre

## How to enrol?

Visit our website at [villagesquare.org.nz/enrol](http://villagesquare.org.nz/enrol) to enrol online, or visit our office at Parnell Community Centre to enrol in person (pre-enrolment is required for all classes)



## CONTACT US

**Parnell Community Centre**

545 Parnell Road, Parnell

T 09 555 5164

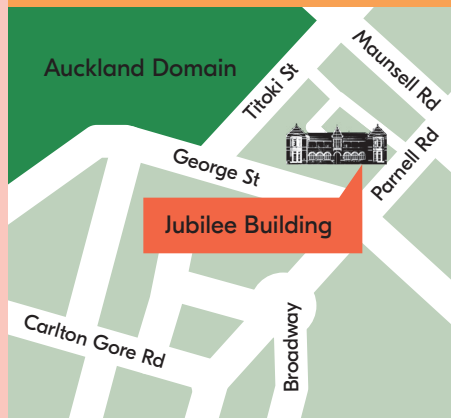
E [community@villagesquare.org.nz](mailto:community@villagesquare.org.nz)

Facebook @ParnellCommunityCentre

## What we do at Parnell Community Centre

- Community classes
- Social activities
- Heritage walks
- Venue hire
- JP service desk
- Parnell Farmers' Market
- Craft Harvest Market
- ... and more!

More info at [villagesquare.org.nz](http://villagesquare.org.nz)



## PARNELL COMMUNITY CENTRE

Jubilee Building  
545 Parnell Road, Parnell